SINGING IN 3D WITH SHABANG!

KING KONG

We hope you enjoy this original Shabang Song.
Here are some ideas to help your song go with a swing – we call this "singing in 3D" – it helps to make a song as accessible as possible, for everyone. Shabang songs are pretty straightforward to sign in Makaton.

KING KONG is a really popular Shabang song!
It's written as an energising piece – not only to get your bodies moving but to wake up your brains as well.
There are actions to this song that are designed to get your left and right brain working together and to increase blood flow to the brain.
The chorus:
Aye ee Aye ee Aye – beat on your chest like a monkey using the "cross crawl" action ie crossing your midline (the line which divides the body into right and left halves) as you beat your chest. This action helps to strengthen brain connectivity, by enhancing the neural connections between the two hemispheres of the brain. This is crucial for various cognitive functions, including problem-solving, reading, writing and math skills.
When a child crosses the midline, they engage both sides of their brain, fostering better communication and coordination between them.

SHABANG!

www.shabang.org.uk
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KING KONG

The Verses:
Beating on our chest/ Drumming on our legs /Climbing up the trees – these actions involve homolateral movements ie not crossing the midline and naturally form the building blocks towards cross lateral movements .
Some children may find these movements easier.
Homolateral movements help the brain access one hemisphere at a time, establishing the neural pathways needed for laterality, or the emergence of one dominant side. This is a natural step towards differentiated limb movements and manual skills.

Rubbing on our ears- in Brain Gym this is known as the Thinking Cap and acts as an a alarm clock for the brain. A simple ear massage like this helps to improve listening skills and stimulates the brain .

Have fun and let us know how it goes – send us pictures – we would love to see how you get on.

Click to listen to 'King Kong' on YouTube